College of Medicine and Pharmacy Tirgu Mures, Department of Medicine (head: prof. dr. doc. E. Horváth), Department of Cardiology Covasna (head: dr. G. Benedek)

#### EFFECTS OF MOFETTE THERAPY ON PERIPHERAL HAEMODYNAMICS. STUDY BY DOPPLER ULTRASOUND TECHNIQUE

### Z. Brassai, P. Koválszki, H. Gh. Pop, G. Benedek, M. Solymosy, K. Kiss, E. Horváth

The effectiveness of mofette therapy in the long-term management of chronic peripheral arteriopathies is a fact confirmed by several clinical and haemodynamic studies (2, 3, 9, 10). However, the haemodynamic changes secondary to natural carbon dioxide exposure, and the mofette — vasoactive drug interactions as well (4, 5, 6, 10) are less known.

fette — vasoactive drug interactions as well (4, 5, 6, 10) are less known. In the present study the Doppler ultrasound technique was applied, which permits the non-invasive determination of perfusion pressure (PP) at various vascular segments and the calculation of differantiated blood pressure, i. e. the Doppler index (DI) (7, 8, 11, 12, 14, 15, 17).

The aims of the present study were as follows:

1. To evaluate the changes of PP and DI secondary to mofette exposure at various arterial segments, which permits the study of the redistribution phenomenon.

2. To study the effect of mofette exposure on the haemodynamic changes during standardized physical exercise.

3. To observe the mofette-vasoactive drug interactions.

# Patients and Methods

The haemodynamic investigations were performed in 12 patients aged between 26—59 years, eight of them suffering of chronic occlusive arterial disease of the lower extremities with or without arterial hypertension, and four healthy controls. Any previous treatment with vasoactive drugs or tranquillizers was withdrawn before the beginning of the study.

In the first part of the study the changes of perfusion pressure (PP) were followed at the level of the four extremities (A. radialis and A. dorsalis pedis), and the Doppler index (DI) was calculated according to the formula :  $DI = \frac{PPA. \text{ dorsalis pedis}}{PPA. \text{ radialis}}$ , at rest in supine position before mofette exposure, and in the first and the 30th minute after mofette exposure.

In the second part of the study the PP and the DI were determined at rest, and after completing a standardised physical exercise (genuflexions with a frequency of 30 min. for two minutes). After a rest period of 60 minutes the patients completed the mofette therapy, and the haemodynamic measurements — before and after the standardized physical exercise — were repeated.

In the third part of the study the mofette therapy was preceded by the administration of several vasoactive drugs- Kallikrein<sup>R</sup> 40 U.I. im. in six patients and Halidor<sup>R</sup> 0.100 g per os in six patients. The Doppler ultrasound measurements were performed before and after the mofette exposure.

The mofette therapy was standardised, having a temperature of 20°C and a duration of 20 minutes.

The ultrasound haemodynamic measurements were performed with the aid of a device constructed for vascular explorations type "Gefäss-Doppler Kranzbühler P 280 B.R.D.<sup>4</sup>.

Results

The results of the first part of study are given in Table I. It appears that the PP increases at the superior extremities in hypotensive subjects, it remains unchanged in normotensives, whereas decreases in hypertensives, phenomenon which can be described as a tendency toward normalisation of the systemic blood pressure. The PP at the lower extremities increases uniformly and independently from the initial value, phenomenon which accompanied by the increase of the DI reflects a favourable haemodynamic effect.

į.

The results of the second part of study are given in the Table II. The PP increases significantly and uniformly at the superior extremities but decreases at the lower extremities in the patients with occlusive arterial disease (group B). DI decreased in the both groups, this being more expressed in the patients with occlusive arterial disease (group B). The haemodynamic response to the exercise test was modified by the mofette therapy as follows: — the PP inregistrated uniformly a less expressed increase at the superior extemities; — the PP remained essentially unchanged in the healthy controls (group A) at the lower extremities, but increased in the patients with occlusive arterial disease (group B). The DI remained unchanged in the group A, and increased in the group B. This means that the unfavourable haemodynamic effects of the physical exercise upon the perfusion of the affected lower extremity were annihilated by the mofette therapy.

|     |                          |     |              |            | Table I       |               |                 |               |      |
|-----|--------------------------|-----|--------------|------------|---------------|---------------|-----------------|---------------|------|
| No. | Patient                  | Age | Diagnosis    |            | PPArr<br>mmHg | PPArl<br>mmHg | PPApr<br>mmHg   | PPApl<br>mmHg | DI   |
|     |                          |     | -            | b          | 115           | 115           | 150             | 150           | 1,30 |
| 1.  | С.М.                     | 41  | S.m          | 1'         | 130           | 130           | 150             | 150           |      |
|     |                          |     |              | 30'        | 138           | 138           | 160             | 160           | 1,16 |
|     |                          |     | _            | b          | 95            | 95            | 130             | 130           | 1,37 |
| 2.  | $\mathbf{V}.\mathbf{P}.$ | 26  | S.M.         | 1'         | 110 ·         | 110           | 140             | 140           |      |
|     |                          | _   |              | 30'        | 115           | 115           | 140             | 140           | 1,21 |
|     |                          |     | _            | b          | 130           | 130           | 150             | 150           | 1,15 |
| 3.  | B Z.                     | 46  | <b>S</b> .m. | 1'         | 130           | 130           | 170             | 170           |      |
|     |                          |     |              | 30'        | 130           | 130           | 170             | 170           | 1.30 |
|     |                          |     |              | <u></u> р  | 150           | 150           | 170             | 170           | 1,13 |
| 4.  | <b>B</b> . <b>A</b> .    | 45  | нт           | 1'         | 145           | 145           | 172             | 172           |      |
|     |                          |     | -            | 30'        | 102           | 102           | 175             | 175           | 1.71 |
|     |                          |     |              | b          | 160           | 160           | 115             | 80            | 0,50 |
| 5.  | B.G.                     | 58  | HT -         | 1'         | 140           | 140           | 120             | 98            |      |
|     |                          |     | UAD -        | 30'        | 140           | 140           | 130             | 105           | 0.75 |
|     | G. <b>S</b> .            | 57  | HT -         | b          | 170 ST        | 170           | 102             | 100           | 0,59 |
| 6.  |                          |     |              | 1.         | 155           | 155           | 120             | 120           |      |
|     |                          |     | UAD -        | 30'        | 160           | 160           | 120             | 120           | 0.75 |
|     |                          |     |              | - B        | 160           | 160           | 170             | 160           | 1.03 |
| 7.  | S.L.                     | 53  | OAD          |            | 152           | 152           | 5170            | 170           |      |
|     |                          |     | -            | 30         | /150          | 150           | <u><u> </u></u> | 180           | 1.20 |
|     |                          |     |              | -b         | 115           | 115           | 115             | 35            | 0.30 |
| 8.  | Sz.M.                    | 52  | OAD -        | The second | 124           | R124.0        | 130             | 65            |      |
|     |                          |     |              | 30         | CIE 125       | 125           | 140             | 65            | 0,52 |
|     |                          |     |              | b          | 110           | 110           | 100             | 30            | 0,27 |
| 9.  | V.G.                     | 56  | OAD          | 1'         | 125           | 125           | 150             | 100           |      |
|     |                          |     |              | 30'        | 130           | 130           | 170             | 130           | 1.00 |
|     |                          |     |              | b          | 130           | 130           | 15              | 20            | 0,12 |
| 10. | N.C.                     | 59  | OAD          | 1'         | 130           | 130           | 25              | 35            |      |
|     |                          |     |              | 30'        | 130           | 130           | 40              | 50            | 0,30 |
|     | T.D.                     | 42  | OAD          | b          | 110           | 110           | 115             | 95            | 0,86 |
| 11. |                          |     |              | <u> </u>   | 120           | 120           | 130             | 100           |      |
|     |                          |     |              | 30'        | 120           | 120           | 135             | 105           | 0,87 |
|     |                          |     | _            | b          | 90            | 90            | 100             | 60            | 0,66 |
| 12. | <b>D.I</b> .             | 59  | OAD _        | <u>1'</u>  | 140           | 140           | 150             | 100           |      |
|     |                          |     |              | 30'        | 140           | 140           | 170             | 130           | 0,92 |
| Mea | in values                |     | _            | b          |               |               |                 |               | 0,54 |
|     |                          |     |              | 30'        |               |               |                 |               | 0,79 |

Legend: PP = perfusion pressure DI = Doppler index Ar = A. radialis Ap = A. dorsalis pedis r = right

1 = left

b = beforeOAD = occlusive arterial disease HT = hypertension

5.M. = sine morbo

| Та | Ыe | П |
|----|----|---|
|----|----|---|

|             |                                 | Before  | Before molette  |         | After mofette                           |  |
|-------------|---------------------------------|---|---|---------|---|--|
|             |                                 | BE  | AE  | BE      | AE                                      |  |
| PF          | Ar (mmHg                        | ) 126,2   | 147,5   | 130,0   | 131,2                                   |  |
| A. PP       | Ap (mmHg                        | ) 145,0   | 141,2   | 160,0   | 155,0                                   |  |
| DI          |                                 | 1,14  | 0.97  | 1,22    | 1,18_                                   |  |
| PF          | Ar (mmHg                        | ) 141,8   | 168,1   | 137,5   | 123,8                                   |  |
| B. PP       | Ap (mmHg                        | ) 81,2  | 65,0  | 84,4    | 110,6                                   |  |
| DI          |                                 | 0,57  | 0,42  | 0,61    | 0,81                                    |  |
|             |                                 | E = after exercises P = perfusion pro-Ar = A, radialises A, dorsalises P = A, dorsalises P = A, dorsalises P = A, dorsalises P = Doppler index      | e (mean values)<br>essure<br>edis   | )       |   |  |
|             | A<br>F<br>A<br>I                | E = after exercis<br>P = perfusion pro-<br>Ar = A. radialis<br>p = A. dorsalis p<br>DI = Doppler inde   | e (mean values)<br>essure<br>edis<br>ex<br>able III                                   |         |   |  |
|             | A<br>F<br>A<br>A<br>I           | E = after exercis<br>P = perfusion pro-<br>tar = A, radialis<br>ap = A, dorsalis p<br>DI = Doppler inde   | e (mean values)<br>essure<br>edis<br>ex<br>able III<br>Béfore n                       | nofette | After mofette                           |  |
| Halidor (10 | A<br>F<br>7<br>1<br>I<br>00 mg) | E = after exercis<br>P = perfusion pro-<br>hr = A. radialis<br>p = A. dorsalis p<br>DI = Doppler inde<br>WERS<br>PP Ar (Hgmm)<br>PP Ap (Hgmm)<br>DI | e (mean values)<br>essure<br>edis<br>ex<br>able []]<br>Béfore n<br>123,<br>108,<br>0. | nofette | After mofette<br>131.0<br>114,0<br>0,89 |  |

Legend : PP = perfusion pressure (mean values) Ar = A. radialis Ap = A. dorsalis pedisDI = Doppler index (mean values)

The results of the third part of the study are given in the Table III. The results show that the PP and the DI had a less expressed increase at the lower extremities after the association Halidor—mofette than after mofette only, the Kallikrein influencing even to a lesser degree the changes of PP at the lower extremities.

## Conclusions

1. The natural carbon dioxide therapy determines an increase of the perfusion pressure of the lower extremities, especially in patients with peripheral arterial occlusive disease, improving also the Doppler index.

2. The unwanted haemodynamic effects of physical exercise, i.e. the decrease of the PP and of DI of the affected lower extremity are annihilated at least partially by the mofette therapy. 3. The concomitant administration of several vasoactive drugs as Halidor and Kallikrein does not enhance the changes of PP at the level of affected lower extremities.

## Reference

1. Bollinger A.: Funktionelle Angiologie. Georg Thieme Verlag, Stuttgart, 1979; 2.Boudys V.: Art. Z. angew. Bäder u Klimaheilk (1971), 18, 503; 3. Brassai Z., Horváth E., Ferencz L., Benedek G.: Mofette therapy and CO, waterbaths for the treatment of atherosclerosis obliterans. III. Internat. Symp. on Atheroselerosis, West-Berlin, 24-28.10.1973. Volum p. 269; 4. Brassai Z., Horvath E., Csögor S. I., Ferencz L., Benedek G., Szász B.: Rev. Medico-chir. (Iași), (1974), 68, 603; 5. Brassai Z., Fórika Gy., Ferencz L., Benedek G., Horváth E.: Mofette therapy for obliterative arteriopathies of the lower extremities. Pharmacodynamic investigations. XIII-th World Congr. of Internat. Cardiovasc. Soc., Tokyo, 30.8-02.9.1977, Volum C-4-10, 6. Brassai Z., Horváth E., Pop Gh. H., Albu Ana, Marosi Gyöngyi: Rev. Medicala (1979), 25, 148; 7. Farkas P., Halmágyi M., Istvánffy M., Urai L.: Orv. Hetil. (1976), 117, 2719: 8. Fórizs Z., Bartos G., Góg G., Mohas A., Baráth B.: Orv. Hetil. (1981), 122, 2411; 9. Hentschel H. D.: Arch. phys. Ther. (1966), 18, 189; 10. Hentschel H. D.: Arch. phys. Ther. (1967), 19, 157; 11. Klein K.: Wien klin. Wschr. (1976), 88, 189; 12. Krahlenbühl B.: Angéiologie (1980), 32, 191; 13. Laing S. P.: Brit. med. J. (1980), 6206, 280, 13; 14. Descotes J.: Nouv. Presse Méd. (1974), 3, 1921; 15. Thiele P.: Diagnostikfibel arterieller Durchblutungsstörungen. VEB Gustav Fischer Verlag, Jena, 1979, 16. Thulesius O., Gjöres J. E.: Angiology (1971), 22, 594; 17. Wells P. N. T.: Biomedical Ultrasonics. Academic Press, London-New-York-San Francisco, 1977.